



## IAPESGW International Update, September 2018: News and resources from around the world

We want to hear about what you and your related organisations are doing and the information you are producing. You can send your information and news to any member of the executive board for inclusion in the 'Update' each month – [view their contacts details](#)

9/30発行9月号については、身体活動に関するヨーロッパと世界規模での大規模調査の結果についてご紹介します。日本でも全国体力・運動能力、運動習慣等調査が毎年行われおり、その関心は高いのではないのでしょうか。

Gutold, R 他によって、2001年から2016年かけて、168カ国1900万人を対象にした世界規模での運動不足の傾向が報告されました (p.8)。運動不足は、非感染性疾患 (Non-Communicable Diseases, NCDs) の危険をもたらす要因であり、メンタルヘルスや生活の質 (QOL) に悪影響があるといえます。この報告では、国越えた身体活動レベルについて言及し、世界的・宗教的な傾向についても予測しています。EUの国別身体活動実施調査 (Physical activity country factsheets) が報告されています。2015年から2018年にかけて、身体活動を促進する国の方針では、身体活動の増加が示されています。特に健康の専門家による身体活動促進プログラムや子供の授業日の前中後の身体活動を促進する計画においてそれがみられました。これらの結果は、以下のリンクから確認することができます。 (<http://www.euro.who.int/en/health-topics/disease-prevention/physical-activity/data-and-statistics/physical-activity-fact-sheets>)

その他にも、国際視覚障害者スポーツ連盟 (International Blind Sports Federation) [IBSA] が、ブラインドサッカーの女子選手をインターナショナルトレーニングキャンプと試合に招待したことが報じられました。2019年に東京と埼玉で行われ、日本代表チームと他国で構成されたチームでの試合が展開されます。

また、イギリスからの報告(p.21)では、今年がイギリスの女性が参政権を得た100周年であり、未だにジェンダー平等問題が続いていることから触発され、National Archivesと共に歴史とダンスを協働したCombination Dance Companyによるブログ「100ne hundred」 (<http://combinationdance.co.uk/index.php/performance-projects/100ne hundred/>) が紹介されています。今年の2月6日にヴィクトリア駅で行われた女性参政権をテーマとしたフラッシュモブを始め、ダンスが紹介されていますので、ぜひご覧ください。

### IAPESGW Regional event - International Congress Cubamotricidad 22 - 26 October 2018, Havana Convention Center, Cuba

The World Organization of Stimulation, Education and Child Development (OMEEDI), the International Association of Physical Education and Sports for Girls and Women (IAPESGW), the International Association of Sports for All (TAFISA) with the National Institute of Sports, Physical Education and Recreation (INDER) of the Republic of Cuba, with the auspice of prestigious institutions and international organizations are convening the International Congress Cubamotricidad 2018, which will take place from October 22nd to 26th at the Havana Convention Center, Cuba.

[View a flyer for the event in English](#)

[View a flyer for the event in Spanish](#)

## September Editorial

**Editor** - Our Communications Director, Janice Crosswhite, sends her apologies, but due to urgent family commitments she is unable to offer her thoughts on the content this month.

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### International

#### **Beyond Sport reports (5 September 2018)**

##### **Netball Development Trust tackle menstrual health in Uganda**

UK volunteers from the ['Netball Development Trust'](#) travelled out to Uganda and Kenya this summer to support 4 of ongoing projects using the sport to educate girls on sexual health in Bungoma, Kenya; Fort Portal, Uganda; Jinja, Uganda; and Mukono, Uganda.

For the last 18 months, NDT with its local partners have integrated sexual health education into their netball program. This has enhanced coach-participant relationships and continues to open opportunities for young people to freely share and learn from each other and the trained facilitators.

While coaching netball in a few of the schools in August, the tour group led menstrual health conversations with the girls. One particularly interesting day was a session they led at "connection day" with X-SUBA in Jinja, Uganda. They ran a 45 minute netball session with about 30 girls of all ages, allowing them to show us the skills they've learned from the local coaches. They were then split into age groups and sat down to have different conversations about periods, depending on their understanding and experience.

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[View the full news item](#)

*There has obviously been lots written on this 'incident' but just sharing this article - you will obviously have your own views....*

#### **University of Wolverhampton, UK (10 September 2018)**

##### **BLOG: Fair play?**

Serena Williams' claims of sexism regarding the way she was treated by umpire Carlos Ramos during Saturday's US Open final have been backed by high profile figures and organisations. The player was hit with a \$17,000 fine and handed a code violation for coaching, a penalty point for racquet abuse and a game penalty for calling umpire a "liar and a thief".

However, [Professor Tracey Devonport](#), sport and exercise psychologist and Professor of Applied Sport and Exercise Science, urges caution in crying out sexism and suggests the case is more about consistency. She says:

Grand slam tennis finals are a tense affair for players, officials and support staff. The stakes are high and accordingly emotions can also run high. The US open final on Saturday between

Naomi Osaka and Serena Williams was no different; Serena one year on from her first child, and a birthing experience that nearly cost her her life, Naomi Osaka having the opportunity of becoming Japan's first grand slam winner.

When Umpire Carlos Ramos caught sight of Williams coach Patrick Mouratoglou making a hand gesture, interpreted as coaching, Williams was awarded a code violation. The coach later admitted he was trying to coach Williams, so this umpiring decision falls within the rules of the game. Following this, Williams was docked a point for smashing her racket, a

recognised code violation, and subsequently penalised a full game after she called Ramos a 'liar' and a 'thief'.

Williams accused Ramos of sexism during the game and in the post match conference. This claim was made on the basis that different standards of tolerance are afforded to men and women regarding the emotions expressed and manner of expression. The claim has subsequently been backed by the Women's Tennis Association.

However, I would urge caution in concluding this was sexism; rather I would suggest this is about general consistency. Ramos was recently criticised by Djokovic for showing 'double standards' during Wimbledon 2018. In a quarter-final match against Kei Nishikori, Djokovic could not contain his frustration and received a code violation for 'unsportsmanlike conduct' for racket throwing. When, in anger, Nishikori later threw his racket in the same match, there was no code violation awarded, to which Djokovic noted 'Double standards my friend, double standards'.

Players such as Victoria Azarenka have supported Williams on the claim of sexism, tweeting 'If it was a men's match, this wouldn't happen like this. It just wouldn't'. Other professional players have come out in support of Williams on the point of consistency. For example, James Blake tweeted 'I will admit I have said worse and not gotten penalized'.

We must remember that sports officials are also under intense pressure, required to make rapid decisions under intense scrutiny.

Pressure when accompanied with unpleasant or unhelpful thoughts and emotions threatens consistency in decision making by hindering our ability to attend to the relevant cues, maintain perspective, and respond correctly. Indeed in a paper we published in 2016 we identified inconsistency in referee decision-making to be evident in professional football.

The fallout of the Williams match should be a review of training to ensure that sports officials are able to self-regulate their own emotions, thoughts and beliefs in circumstances of high (and indeed low) pressure. The aim is for consistency within and across the men's and women's game so that a sense of fair play can be maintained.

[Source of information](#)

### **Inside the games reports (12 September 2018)**

#### **Semenya addresses IAAF testosterone controversy in new Nike advert**

South African athlete Caster Semenya has been given her own Nike advert demonstrating "her journey to success".

The controversy surrounding the middle distance runner is referenced throughout the commercial for the sports giant.

Double Olympic and triple world champion Semenya has battled opponents on and off the track.

In 2009, Semenya was subjected to sex testing and is currently appealing at the Court of Arbitration for Sport against new International Association of Athletics Federations (IAAF) rules on testosterone levels in female athletes.

The rules, for between 400m and the mile, are scheduled to come into effect in November 1 and would require Semenya to take a a tablet to lower her testosterone levels or look to compete against men.

In response to the ruling, Human Rights Watch published an open letter in which they said that this equates to discrimination against women with "differences of sex development".

The IAAF has defended its stance, however, and insists they are creating a level playing field.

Semenya's "resilience" to attempts in the past to sideline her from women's sport underpins her voice-over on the advert.

"Would it be easier for you if I wasn't so fast?" she says.

"Would it be simpler if I stopped winning?"

"Would you be more comfortable if I was less proud?"

"Would you prefer if I hadn't worked so hard, or just didn't run?"

"Or chose a different sport?"

"Or stopped at my first steps?"

"That's too bad because I was born to do this."

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[View the full news item](#)

### **Beyond Sport (13 September 2018)**

#### **Beyond Sport Global Awards a success**

Beyond Sport Global Awards recognize 12 sport for social change pioneers at one world observatory

More than \$350,000 awarded to innovative projects and individuals who are using sport to spur positive social change

**New York, NY, September 13, 2018** – Last night grassroots organizations, brands, sports teams, leagues and athletes gathered at the One World Observatory atop One World Trade for the Beyond Sport Global Awards. In its 10th anniversary year, the organization and its partners celebrated bold, innovative and courageous projects and individuals who are using sport to make the UN Sustainable Development Goals (SDGs) a reality.

Selected from 400 entries covering more than 50 sports, the 2018 official shortlisters represented the most diverse range of sports, countries and social issues received by the organization to date. 12 awards were handed out on the inspirational night in a celebration of how sport can help tackle some of the most pressing social issues in the world today.

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The **Women Economic Empowerment Through Sport Tourism project from 3 Sisters Adventure Trekking** (Nepal) took home the **Sport for Quality Education and Employment Award, supported by SAP**. The program teaches women from poor, remote regions in the Himalayas trekking and guiding skills allowing them to become self-sufficient. Over 2000 women have completed the training.

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[View the details of all the award winners](#)

## **Inside the games reports (19 September 2018)**

### **IJF hold first Gender Equity Conference on eve of 2018 World Championships**

The International Judo Federation (IJF) held its first Gender Equity Conference today here today where its President Marius Vizer stressed that they would follow a criteria of promotion based on professionalism rather than gender.

Vizer praised the IJF's Gender Equity Commission headed by Lisa Allan, the Federation's competition manager, and claimed he was confident that it would achieve its aim to "implement the right strategy in accordance with the balance between gender".

The word "equity" has been used to distinguish the aims of the Commission - to promote and empower women through the sport of judo and allowing for men and women to have the same opportunities and involvement, Allan told the conference.

She used the analogy of a one-sized judogi when explaining the difference between equality and equity.

The standard judogi would be equal for everyone but equity means providing each judoka with a size specific judogi to make the competition fair.

President of the All Japan Judo Federation, Yasuhiro Yamashita was among those to pledge his support to the Commission and vowed to take the ideas discussed back to his National Federation.

Yamashita, the 1984 Olympic open champion, urged other National Federations in the audience to take home the messages from the Conference to achieve global equity.

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[View the full news item](#)

## **Beyond Sport reports (25 September 2018)**

### **Dads & daughters front UEFA ad push to promote women's football**

UEFA is celebrating footballing dads and their daughters in a new ad campaign that launched alongside the first matches in the men's Europa League last week.

The spots feature some of the continent's top footballing families – including the Dalglishs and the Baresis – with a message calling on dads to encourage their daughters to take up the sport.

Since the ads launched, the featured stars, who also include former Premier League icons Rio Ferdinand and Alan Shearer, have found their social media feeds flooded by other fathers proudly sharing images of football-playing daughters.

This follows last week's UEFA research revealing a 29% increase in the number of women playing football across Europe in the past year.

The same study also found the number of people considering women's football to be "cool" more than doubled in the past 12 months.

The ads' creative approach marks a subtle evolution in the UEFA's Together #WePlayStrong campaign promoting women's football.

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[View the full news item](#)

### **Inside the games reports (25 September 2018)**

#### **IBSA to hold 2019 international training camp in Japan for female players**

International Blind Sports Federation (IBSA) Blind Football has invited female players to take part in an international training camp and game due to be held next year in Tokyo and Saitama.

The camp will take place from February 21 to 24 and follows the first of its kind in Vienna in Austria in 2017.

The camp will feature two days of training, including a session on the rules as well as practical training.

There will then be a match between the Japanese national team and a team made up of players from other countries.

This will be played February 23 on the indoor pitch at the Saiten Chemical Arena in Saitama City.

The camp is supported by the International Blind Football Foundation and the Japan Blind Football Association (JBFA), who are the local organisers.

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[View the full news item](#)

### **Inside the games reports (26 September 2018)**

#### **International Sambo Federation launches campaign to promote gender equality**

The International Sambo Federation (FIAS) has launched a campaign called #GameChangers to celebrate female athletes and promote gender equality.

In a press release the governing body said they understand "that gender equity is not only a fundamental human right, but a necessary foundation for a peaceful, prosperous and sustainable world".

As part of the campaign the body have spoken to Egyptian sambo athlete Entezar Mahmoud, who recently took part in the African Sambo Championships in Tunisia in June.

"In my club there are both men and women, so we train together," she said.

"I like to fight against men, because if I defeat them, it means that I will defeat any woman."

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[View the full news item](#)

### **Inside the games reports (26 September 2018)**

#### **UCI announces measures to boost women's cycling and achieve gender equality**

The International Cycling Union (UCI) has revealed a number of reforms designed to promote the professionalisation of women's road racing and to achieve greater gender equality in the sport.

Measures have been agreed at meetings held by the governing body alongside the ongoing Road World Championships in Innsbruck.

A major change approved in the Austrian city will see the creation of a new division - UCI Women's WorldTeams - with a view to achieving professional women's cycling teams.

This will be comparable to the current men's UCI WorldTeams with the women's equivalent set to debut in 2020.

Teams with this status will be eligible to compete at all Women's World Tour events. A "second division" will be made up of UCI Women's Continental Teams, which were formerly called UCI Women's Teams.

In addition, a minimum salary will be introduced by the UCI for all of these riders, alongside a financial audit of their contracts. This will be in line with measures already existing for male cyclists.

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[View the full news item](#)

### **Inside the games reports (27 September 2018)**

#### **Mixed team time trial to feature at 2019 UCI Road Cycling World Championships**

A mixed team time trial will feature on the International Cycling Union (UCI) Road World Championships programme for the first time in 2019, it has been announced.

The race, which will be reserved for national teams, will feature six riders from the under-23 and elite categories and will replace the team time trial, which has been part of the programme since 2012.

Taking place at the 2019 Championships in English county Yorkshire, the race will see three male riders complete a lap, then hand over to three female riders to finish.

The team's final placing will be decided according to the time taken when the second woman crosses the line.

The six riders of the winning nation will all be awarded the rainbow jersey, handed to the world champion in each event.

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[View the full news item](#)

### **World Health Organization - Europe (September 2018)**

#### **Physical activity country factsheets**

Results from the latest WHO study on physical activity in European Union Member States show an increase in national policy actions to promote physical activity between 2015 and 2018, particularly in programmes to increase physical activity promotion by health professionals, as well as schemes to increase physical activity among young people before, during and after the school day. The findings are collected in a set of [physical activity factsheets](#) published by WHO/Europe in collaboration with the European Commission.

The fact sheets provide an updated overview of the epidemiology of physical inactivity, national policy responses and current monitoring and surveillance systems across the WHO European Region.

[Access the fact sheets on this page](#)

Lancet Global Health. Published: September 04, 2018 DOI: [https://doi.org/10.1016/S2214-109X\(18\)30357-7](https://doi.org/10.1016/S2214-109X(18)30357-7). Worldwide trends in insufficient physical activity from 2001 to 2016: a pooled analysis of 358 population-based surveys with 1·9 million participants. Gutold, R et al

## Summary

**Background:** Insufficient physical activity is a leading risk factor for non-communicable diseases, and has a negative effect on mental health and quality of life. We describe levels of insufficient physical activity across countries, and estimate global and regional trends.

**Methods:** We pooled data from population-based surveys reporting the prevalence of insufficient physical activity, which included physical activity at work, at home, for transport, and during leisure time (ie, not doing at least 150 min of moderate-intensity, or 75 min of vigorous-intensity physical activity per week, or any equivalent combination of the two). We used regression models to adjust survey data to a standard definition and age groups. We estimated time trends using multilevel mixed-effects modelling.

**Findings:** We included data from 358 surveys across 168 countries, including 1·9 million participants. Global age-standardised prevalence of insufficient physical activity was 27·5% (95% uncertainty interval 25·0–32·2) in 2016, with a difference between sexes of more than 8 percentage points (23·4%, 21·1–30·7, in men vs 31·7%, 28·6–39·0, in women). Between 2001, and 2016, levels of insufficient activity were stable (28·5%, 23·9–33·9, in 2001; change not significant). The highest levels in 2016, were in women in Latin America and the Caribbean (43·7%, 42·9–46·5), south Asia (43·0%, 29·6–74·9), and high-income Western countries (42·3%, 39·1–45·4), whereas the lowest levels were in men from Oceania (12·3%, 11·2–17·7), east and southeast Asia (17·6%, 15·7–23·9), and sub-Saharan Africa (17·9%, 15·1–20·5). Prevalence in 2016 was more than twice as high in high-income countries (36·8%, 35·0–38·0) as in low-income countries (16·2%, 14·2–17·9), and insufficient activity has increased in high-income countries over time (31·6%, 27·1–37·2, in 2001).

**Interpretation:** If current trends continue, the 2025 global physical activity target (a 10% relative reduction in insufficient physical activity) will not be met. Policies to increase population levels of physical activity need to be prioritised and scaled up urgently.

[View the 10-page article](#)

[Obes Rev.](#) 2018 Aug 28. doi: 10.1111/obr.12700. [Epub ahead of print] The effectiveness of eHealth interventions on physical activity and measures of obesity among working-age women: a systematic review and meta-analysis. Cotie LM et al

[Author information](#)

## Abstract

Physical inactivity and obesity are modifiable risk factors for cardiovascular disease, particularly in women. eHealth interventions may increase physical activity and improve obesity-related outcomes among women. The objective of this study was to review the evidence of the effectiveness of eHealth interventions to increase moderate-to-vigorous physical activity among working-age women. The secondary objective was to examine their effectiveness on improving obesity-related outcomes.



A comprehensive search strategy was developed for eight electronic databases; through July 2016. All studies consisting of >80% women of working-age (18-65 years) in high income countries were included. Multiple unblinded reviewers determined study eligibility and extracted data. Risk of bias was evaluated using the Cochrane Risk of Bias Tool and data quality using the Grading of Recommendations Assessment, Development and Evaluation approach. Data were pooled using a random-effects model. Sixty studies were included in the review of which 20 were in the meta-analysis.

The meta-analysis demonstrated eHealth interventions improved moderate-to-vigorous physical activity (standard mean difference = 1.13, 95% confidence interval: 0.58, 1.68,  $P < 0.0001$ ); an increase of ~25 min week<sup>-1</sup>. No changes were observed in obesity-related outcomes; waist circumference ( $P = 0.06$ ), body mass ( $P = 0.05$ ) and body mass index ( $P = 0.35$ ). eHealth interventions are effective at increasing min week<sup>-1</sup> of moderate-to-vigorous physical activity among working-age women from high income countries.

[Source of information](#)

**Journal of Physical Activity and Health: The Official Journal of the International Society for Physical Activity and Health. Volume 15, Issue 10, October 2018**

**Editor** - the abstracts from the articles in this current edition to be placed on their website are now available.

[View the abstracts](#)

**A letter from The UN Special Rapporteur on Discrimination Against Women in Law and Practice to IAAF 18 September 2018**

***Mandates of the Special Rapporteur on the right of everyone to the enjoyment of the highest attainable standard of physical and mental health; the Special Rapporteur on torture and other cruel, inhuman or degrading treatment or punishment; and the Working Group on the issue of discrimination against women in law and in practice***  
Dear Mr Coe,

We have the honour to address you in our capacities as Special Rapporteur on the right of everyone to the enjoyment of the highest attainable standard of physical and mental health; Special Rapporteur on torture and other cruel, inhuman or degrading treatment or punishment; and Working Group on the issue of discrimination against women in law and in practice, pursuant to Human Rights Council resolutions 33/9, 34/19 and 32/4.

Special Rapporteurs and the Working Group are part of what is known as the Special procedures of the Human Rights Council. Special Procedures, the largest body of independent experts in the UN Human Rights system, is the general name of the Council's independent fact-finding and monitoring mechanisms that address either specific country situations or thematic issues in all parts of the world. Special Procedures experts are independent from any government or organization and serve in their individual capacity. As part of their activities, they act on cases of concerns of a broad, structural nature, by sending communications to States and others actors, including sporting organizations.

In this connection, we would like to bring to your attention serious concerns related to the Eligibility regulations for the female classification (athletes with differences of sex development) recently published by the International Association of Athletics Federations (IAAF). We understand that the regulations set eligibility criteria which, inter alia, require

women athletes with specific differences in sex development, androgen sensitivity and natural levels of testosterone above 5nmol/L to medically reduce their blood testosterone level, 6 months before the competition and continuously thereafter, to below 5nmol/L, to maintain eligibility to compete in the female classification in restricted events<sup>1</sup> at international competitions.

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[View the 10-page letter](#)

### ***A training opportunity....***

#### **University of Chichester - Women's Sport Leadership Academy 2019**

WSLA is a partnership between the Anita White Foundation (AWF), Females Achieving Brilliance (FAB) and the University of Chichester (UoC) and provides unique development opportunities for women leaders from around the world to step up, take the lead and make an impact. Since 2014, 228 women from 42 countries have become graduates of the Academy.

**The Women's Sport Leadership Academy (WSLA) is dedicated to developing tomorrow's leaders of sport. WSLA 2019 will take place in the Dome, home to the University of Chichester's Business School, from 17 – 21 June.**

The main component of the Academy is a week-long residential at the University of Chichester. Combining the essential elements for self-critical learning and development, the unique learning environment includes high-profile guest speakers, workshops, personal development planning, national and international support groups, as well as physical activities.

The application phase closes Monday 12 November.

[View more details](#)

### ***Event of general interest....***

#### **5th annual Sportdata & Performance Forum 2018**

**26 November 2018, University of Physical Education, Budapest, Alkotás u. 44, 1123 Hungary Budapest, Hungary**

The 5th edition of the international series Sportdata & Performance Forum will again bring together the sports analytics and technology community as well as leading business executives and senior representatives from the research and development sector in sports. On the agenda will be topical discussions on how analytics improves their performance on the field to enable organisations achieve sporting success, and performance enhancement off the field! The 2018 conference will present to industry practitioners how to deal with the challenges of an analytics world with increasingly more data, yet not always the bandwidth or intel to make the best usage of the information gleaned.

Big Data, Artificial Intelligence, Virtual Reality, Integrating Data Sources, Computer Vision, Communicating Data Analysis Effectively, Industry Collaboration, Data Impact on Fan Experience, Analysis for Scouting – all this and more will be discussed at 5th edition Sportdata & Performance Forum with best-in-class speakers from diverse backgrounds to ensure a valuable experience for attendees in 2018.

[View more details](#)

## Specific countries

### AUSTRALIA

#### VicSport (September 2018)

##### Good governance: best practice

Good governance practices are vital to the effective and efficient operations of any organisation, including sporting organisations. [Sport Australia](#) (formally Australian Sports Commission) defines governance as the system by which organisations are directed and managed. It directly impacts:

- How an organisation develops strategic goals and direction
- How the board of an organisation monitors the performance of the organisation to ensure it achieves these strategic goals, has effective systems in place and complies with its legal and regulatory obligations
- Ensuring that the board acts in the best interests of the members.

Vicsport is committed to strengthening governance practices within Victorian sport. The following collection of resources, services and links have been compiled for use by sporting organisations and can be found by accessing the links below.

For more information on how organisations can enhance their board practices, click [here](#) or download the Vicsport Good Governance toolkit via the link below.

[Download good governance framework and toolkit \(pdf\)](#)

#### [Access all the information](#)

[Also watch a video on how SSAs are taking steps to meet the incoming mandatory board quota by July 1 2019 \(3 minutes 19 seconds\)](#)

#### Our Watch (13 September 2018)

##### Angela Pippas: Why I'm feeling invincible again

It was my holy day.

A day of ritual.

A day of sport.

Four hours before designated kick-off my brother Chris would clomp around the house in his polished footy boots, ball under his arm.

I'd be dressed in my green-and-gold tracksuit with my netball skirt over the top.

I had a shiny tracksuit for every day of the week.

And my parents wonder why I never married.

I slept with a copy of Joyce Brown's Netball the Australian Way under my pillow, hoping it would stimulate dreams of netball greatness that would rub off on me.

All my hopes and aspirations were linked to the netball court - for one hour every Saturday, that rectangle was my place of worship.

Every game was part of the grand plan. Part of what I thought was my destiny to represent the real green and gold.

"You're gonna play for Australia, Angie", my brother would say.  
"I know".  
If I had to describe the look I'd say "Karate Kid in a pleated skirt".  
I was nine and I was invincible.

Many years later under the sandstone arches of the University of Adelaide, I discovered my other religion - feminism.

My eyes were opened to the power imbalance between women and men, and the ongoing fight for equal rights, opportunities and respect.

I found my voice and started using it for things that really mattered: Reclaim The Night marches through the streets of Adelaide, speaking out against violence; energetically arguing against sexism, double standards and inequality.

It didn't feel all that radical back then; it just felt right.

How could women not want equality, equal pay and opportunities, control over their own bodies, better work conditions, better access to childcare, a world without rape and sexual harassment, and the right to feel safe inside and outside of their homes?

By the time I left uni, I felt empowered.  
I wasn't going to put up with sexism and double standards.  
I would call out inequality and misogyny at every opportunity, and make the world a better place.

Then I landed in sport.  
Where you can experience sexism, double standards, inequality and misogyny all before lunchtime.  
It was 1997 - and some sports weren't even aware of the existence of women.

As I say in my book - *Breaking The Mould, Taking a Hammer to Sexism and Sport* - if sport were a cake, the filling would be chest hair.

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[View the full news item](#)

## **CANADA**

### **Inside the games reports (7 September 2018)**

#### **Brudner says Calgary 2026 a "huge priority" after replacing Overholt as Canadian Olympic Committee's chief executive**

Robin Brudner has described Calgary's potential bid for the 2026 Winter Olympic and Paralympic Games as a "huge priority" after replacing Chris Overholt as chief executive of the Canadian Olympic Committee (COC) on an interim basis.

Brudner, 55, who is from Toronto, has also been appointed secretary general.

She was retained by the COC in April 2016 as senior advisor and corporate secretary to oversee a governance review and the implementation of significant governance enhancements and new conduct policies.

Additionally, she has served as a business and strategic advisor on numerous matters to management and the Board of Directors.

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[View the full news item](#)

## **Canadian Association for the Advancement of Women and Sport and Physical Activity (24 September 2018)**

### **Launch of Keeping Girls in Sport**

In celebration of National Coaches Week, CAAWS is proud to partner with Canadian Tire Jumpstart Charities and the Coaching Association of Canada in the launch of Keeping Girls in Sport.

### **CAAWS Celebrates the Launch of Keeping Girls in Sport: A New Module for Coaches and Physical Activity Leaders**

In celebration of National Coaches Week, CAAWS is proud to partner with Canadian Tire Jumpstart Charities and the Coaching Association of Canada in the launch of Keeping Girls in Sport. This brand-new e-module is a resource that addresses how to create safe and respectful environments for girls to participate in sport and physical activity.

Retention of girls in sport is a key focus for CAAWS. Studies have repeatedly shown that during adolescence, girls drop out of sport at a significantly higher rate than boys – 41 per cent of girls between the ages of 3 and 17 don't participate in sport, and as girls enter adolescence, their overall participation rate drops by 22 per cent.

“The module provides coaches, program leaders, parents and others at every level of the sport and physical activity system an unparalleled opportunity to build competency in serving girls in sport,” said Allison Sandmeyer-Graves, CEO of CAAWS. “Understanding and addressing common motivators and barriers for girls is key to keeping them engaged.”

Canadian Tire Jumpstart Charities developed Keeping Girls in Sport in partnership with CAAWS and the Coaching Association of Canada and with the expert input of Dr. Vicki Harber, professor emeritus in the faculty of physical education and recreation at the University of Alberta.

Participants in the Keeping Girls in Sport e-module will make a direct impact just by taking the course. \$2 of every user fee will go to CAAWS to support the organization's continued work towards equity and inclusion for girls and women in sport. Another \$1 will go to support Jumpstart's work in communities across Canada.

There are 10,000 free licenses available – sign up at <https://jumpstart-kgis.respectgroupinc.com/> and use code KGIS-E7P3W2Z.

Further resources to support effective programming for girls can be found at: [www.caaws.ca/cs4/](http://www.caaws.ca/cs4/).

[Source of information](#)

## CROATIA

*Many thanks for our Croatia national representatives for forwarding this document to us....it has a section on Croatia....*

### **Equality between men and women in the sport programmes through audiovisual media services. Mediterranean Network of Regulatory Authorities, no date - 2018? (31 pages)**

#### **Objectives of the study**

The main objective was to present the reality of genders in the coverage of sport through a study of the most significant public and private televisions in the Mediterranean countries in order to promote the dialogue and the reflexion on the manner in which sport and gender discrimination are related on the media.

To this end, the study is conducted through a double approach:

A) On the one hand, the first matter of analysis is the presence of female sport on the news and on sports broadcasts

B) On the other hand, the second topic of analysis is the presence of women in sports attending to the speaking time dedicated to the latter in sports news, as well as the role that women have in this area.

[View the document](#)

## FINLAND

Dear Sir or Madam,

Please see the [\\*attached letter](#) from Finnish Student Sports Federation (OLL). You are also free to forward it.

The first letter about the case was sent to You at 24th of July. We are hoping that the whole sport community will continue to discuss how to end the sexual harassment and violence in sport and will find solutions soon.

Should you need any further information, please do not hesitate to contact me or our President Soile Koski-Aho (+358 44 780 0211, [soile.koski-aho@oll.fi](mailto:soile.koski-aho@oll.fi)).

Yours Faithfully, Elina

Elina Havu  
Päsihteeri / Generalsekreterare / Secretary General  
[Opiskelijoiden Liikuntaliitto ry \(OLL\)](#) / Studerandenas Idrottsförbund rf / Finnish Student Sports Federation  
[Lapinrinne 2, 00180 Helsinki](#)  
[elina.havu@oll.fi](mailto:elina.havu@oll.fi)

[\\* Download a copy of the letter](#)

## FRANCE

### Inside the games reports (4 September 2018)

#### France's Sports Minister steps down for "personal reasons"

Double Olympic fencing champion Laura Flessel has announced her decision to resign as France's Sports Minister for "personal reasons" and will be replaced by Roxana Maracineanu.

Paris 2024 President Tony Estanguet praised Flessel for her service and welcomed her replacement Maracineanu.

"Thank you Laura Flessel for your flawless commitment in favour of Paris 2024 at each step of the bidding phase," he said.

"As an athlete and as the Sport Minister.

"Count on us to pursue our common ambition for the development and practice of sport in France.

"Congratulations Roxana Maracineanu for your appointment as Sport Minister.

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[View the full news item](#)

## IRAN

### Inside the games reports (18 September 2018)

#### Bach praises Iran promotion of female sport during meeting with NOC President

International Olympic Committee (IOC) President Thomas Bach has praised Iran's promotion of female participation in sport and promised that they will not support United States' sanctions that could harm the country's preparations for future events, it has been reported.

Bach reportedly made his remarks during a meeting in Lausanne with National Olympic Committee of the Islamic Republic of Iran President Reza Salehi Amiri.

"Sports have had positive impact on your society in recent years," Bach reportedly told Amiri according to The Tehran Times.

"Our goal is to promote knowledge and enthusiasm among the younger generation in your society.

"With the support of the Ministry of Youth Affairs and Sports, Iranian women are allowed to take part in the international competitions.

"Your women played a key role in Iran's accomplishment at the 2018 Asian Games in Jakarta, Indonesia."

Iran won a total of 62 medals at Jakarata Palembang 2018.

Female athletes won 17 of these medals, including the gold medal in the kabaddi.

Shooter Elaheh Ahmadi also became the first woman to carry Iran's flag at the Opening Ceremony.

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[View the full news item](#)

## **Inside the games reports (25 September 2018)**

### **Iranian President repeats pledge to ensure women have equal access to sport in meeting with Bach**

International Olympic Committee (IOC) President Thomas Bach has met with Iranian President Hassan Rouhani during a visit to the United Nations General Assembly in New York, with female participation in sport among the topics discussed.

The meeting comes after Bach met with National Olympic Committee of the Islamic Republic of Iran President Reza Salehi Amiri earlier this month.

He had reportedly expressed his support of the promotion of female participation in sport in the country.

Shooter Elaheh Ahmadi became the first woman to carry Iran's flag at the Opening Ceremony of the Asian Games in Indonesia.

Iran's policies regarding women in sport has long been the subject of international criticism, particularly from human rights groups.

Women have been banned from stadiums to watch football matches in Iran since 1981 and was extended to include volleyball in 2012.

Iranian President Rohani called for the ban to be lifted earlier this year, while tentative steps to allow women into stadiums for the two sports have been made since.

In his meeting with Bach, Rohani reportedly repeated his vow to achieve his campaign policy to ensure equal access to sport in the country.

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[View the full news item](#)

**Editor** - thanks once again to our national rep Robabeh Rostami for supplying an overview of activity in Iran for September, and all the excellent photographs, in a very informative news compilation - view the September edition [here](#)

#### **An example:**

#### **Women's Sports Conferences in Jahrom, 5 September 2018**

Mohammadian, Women's Sports Development Deputy and kamyab, Sports and Youth General Directorate of Fars province and the delegation to participate in the Women's Sports Conference, this province was attended by Jahrom. Mohammadian, Women's Sports Development Deputy and kamyab, Sports and Youth General Directorate of Fars province and the delegation to participate in the Women's Sports Conference, along with celebrations Maryam Koushki Jahromi, the First Iranian lady and Muslim member of the board of director's world Women's Sports Association Attended Jahrom.





## IRELAND

### **Youth Sport Trust (19 September 2018)**

#### **New programme to ignite girls' passion for fitness & Gaelic football**

Teenage girls in Ireland are set to be inspired to participate in football through a new pilot programme which will help them to lead healthy, active lives and be fronted by Gaelic football stars.

One of the greatest female Gaelic football players of all time, Cora Staunton, and two time All Star Dublin Ladies Gaelic player Carla Rowe, will inspire and guide secondary school-aged girls as part of The Lidl #SeriousSupport programme.

The new programme will help to build confidence, create aspirations and help girls understand the value of participating in sport alongside healthy eating to support their overall wellbeing and life chances.

Following a partnership between [Lidl Ireland](#), Ladies Gaelic Football Association ([LGFA](#)) and children's charity the Youth Sport Trust, the programme will engage more than 1,200 girls by the end of 2018.

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[View the full news item](#)

## MEXICO

*Many thanks to Mexico's national representative Claudia Espinosa for the news items...*

### **The rarámuri Lorena Ramírez is third in an ultramarathon after running 102 kilometers on the Teide**

With her dress and huaraches, sandals typical of the Rarámuri: Mexican runner Lorena Ramírez competed in the Cajamar Tenerife Bluetrail on Saturday June 9, race in which she finished third in the senior category (18 to 39 years).

She finished the 102 kilometers at 20:11:37, which was the fifth fastest time in the women's overall. The competition crosses the Teide National Park, surpassing the 3,500 meters of altitude, and brought together 2,400 runners from 38 countries.

Ramírez was the first Rarámuri woman to compete in an ultramarathon in Europe: the Tenerife Bluetrail organization invited her in 2017 after she won a 50km race in Tlatlauquitepec, Puebla, in central Mexico. Last year, Ramírez was forced to retire after 55 kilometers after 55 kilometers, due to severe pain in her knee.

**To read the full story:**

[https://verne.elpais.com/verne/2018/06/12/articulo/1528800715\\_267555.html](https://verne.elpais.com/verne/2018/06/12/articulo/1528800715_267555.html)

**September 4, 2018**

### **Who will face Mexico's female soccer national team, in the tournament leading to the world cup?**

The tournament, organized by CONCACAF, will give its top three finishers, a direct pass to the world cup of 2019, to be played in France.

The raffle to determine the groups for CONCACAF's 2018 female championship has settled the route for the local teams aspiring to participate 2019's female world cup to be played in France.

The "A" group consists of: United States of America, Mexico, Trinidad y Tobago and Panama.

Meanwhile the "B" group is formed by: Canada, Jamaica, Costa Rica and Cuba.

This continental tournament to be played from October 4th to the 17th in the USA, will allow its' top three finisher to classify directly to the world cup...

**Full text by "El Universal" available at:**

<http://www.eluniversal.com.mx/universal-deportes/futbol/asi-quedo-el-grupo-de-mexico-en-el-premundial-femenil>

**Translated to English by Francisco Samuel Cortés Hernández.**

## **SPAIN**

### **Training course for teachers**

As a result of the Collaboration Agreement between the CSD and the Institute for Women and Equal Opportunities, this training course has been created for teachers and trainers in order to increase their training in gender and equality issues.

<http://www.csd.gob.es/csd/mujer-y-deporte/curso-de-formacion-para-docentes/>

UNIVERSO MUJER is a comprehensive program for the development of women and their personal evolution within society, born to develop initiatives that contribute to the improvement and social transformation through the values of all women's sport.

UNIVERSE MUJER aims to deepen the social and cultural dimension of sport to promote a change in the lifestyle of Spaniards and activate the promotion of women's sport by holding events and communicative developments every month covered by this initiative.

<http://www.csd.gob.es/csd/promocion/universo-mujer/>

## **UK**

### **Rugby Football League reports (3 September 2018)**

#### **Warriors Foundation launch Respect Her campaign**

The Wigan Warriors Community Foundation has today (Monday 3 September) launched the 'Respect Her' campaign.

The campaign will focus on helping young women and men to stand up, speak out and take action against male violence and promote a culture of equality and respect locally and in the wider community. The campaign seeks to create a more united community where women and men are equals and know how to respect and value themselves.

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[View the full news item](#)

## **Leeds Beckett University (3 September 2018)**

### **More needs to be done to encourage female tennis coaches**

The US Open Tennis Championships are underway, and female tennis coaches will be under-represented with male tennis coaches greatly outnumbering them. Research from Leeds Beckett University, carried out on behalf of the Lawn Tennis Association (LTA) North, shows that female tennis coaches feel like they're been left behind.

Despite 45 percent of tennis players being female, only 23 per cent of coaches in the UK are women.

One hundred female tennis coaches from the North of England were questioned about their experiences and their reasons for not progressing further in their coaching career.

The research has been carried out by graduate Alice Robson as part of her Major Independent Study for her Sport Development degree, overseen by Leeds Beckett Senior Lecturer in Sport Development, Janine Partington from the Carnegie School of Sport.

.....  
Alice will be presenting her findings to Sue Lawrence, the Head of Women and Girls Tennis at the LTA in the near future.

[View the full news item](#)

## **Women in Sport (12 September 2018)**

### **Understanding puberty and menstruation and its impact on girls and sport**

Following the release of Women in Sport's latest research, [Puberty & Sport: An Invisible Stage](#), we asked sports scientist Georgie Bruinvels to shed some light on the science of menstruation, puberty and physical activity, and why it is important for those who work with girls during the pubescent years to support them to be active during this time.

My name is Georgie and I am a sports scientist at [Orreco](#) and St Mary's University. I have a specific research focus on the menstrual cycle and how it can affect exercise participation and performance.

#### **Why have I chosen to focus in this area?**

I started my period when I was 11 and I felt embarrassed and worried that my friends would find out. In fact, I don't think I told any of them for a good few years! I was really keen on swimming and was so anxious that having my period would stop me. There was no way I

was going to tell my swimming coach – he wouldn't have known what to say or do, and I didn't want him to judge me or it to affect my selection. I didn't want it to be perceived to be a weakness. As highlighted in Women in Sport's new research, fears and anxieties like these are common amongst girls during puberty and can have a negative impact on their ability to

be active. Sadly, this can also affect girls' engagement and enjoyment of sport in the long term.

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[View the full news item](#)

*The report....*

### **Puberty & Sport: An Invisible Stage. The impact on girls' engagement in physical activity. Women in Sport, August 2018 (22 pages)**

Girls are less active than boys and by age 13 – 15, only 8% of girls meet the Chief Medical

Officer's recommendation that young people aged 5 – 18 should do 60 minutes of physical activity every day. From our Girls Active (2017) research we know that girls' motivation, confidence and enjoyment of sport reduces during their teenage years and therefore, it is vital to tackle these issues to improve resilience during this time.

In 2017-18, Women in Sport conducted qualitative research to explore whether coming to terms with puberty is having a long-term impact on how girls engage with sport and to identify the key barriers and issues girls face during this time. We conducted focus groups in triads and friendship pairs with 24 girls, both active and inactive and from a mix of ethnicities.

### **Key Findings**

- Puberty is a confusing time of significant physical, emotional and social change for girls, which they feel unprepared to deal with due to a lack of education.
- During this transition to adulthood, girls can form negative attitudes towards sport due to parents being less engaged, increased studying and pressure to perform well at school, a desire for new, more mature experiences and wanting to be accepted and acceptable to peers.
- What impact does puberty have on sport?
  - Sport is an 'invisible stage' where girls feel everyone is noticing them.
  - Sporting activities previously enjoyed, may now seem childish and not in keeping with their emerging adult identity.
  - New responsibilities and interests fill their time and they become more independent of parents.
  - The perception of 'having to be good' at sport in order to participate increases, whilst playing sport for fun appears less acceptable.
  - There is an upsurge of competition and animosity between girls.
  - The sports environment is a breeding-ground for gossip.
  - Looking good becomes increasingly important. Becoming 'overly sporty' can lead to negative stereotyping.
  - Coming to terms with their changing body and periods creates anxiety.
  - Puberty is a significant turning point for girls – attitudes to sport formed during this time are important and long-lasting.

[Download a copy](#)

*Also, [view the animation - A day in life of Amy](#)*

**Women in Sport - News, September 2018 - [available to view](#)**

### **Rugby Football Union (17 September 2018) RFU to award 15s contracts for England Women**

The Rugby Football Union (RFU) is to introduce women's full-time 15s contracts this season underlining its commitment to the long-term growth of women's rugby.

Following its meeting on Wednesday, the RFU Board supported the proposal to introduce women's contracts for the 15-a-side game.

There will be 28 full-time contracts available to England Women, which will come into effect on 1 January. The Quilter Internationals will be played under the existing elite player squad (EPS) agreement.

The 28 contracts will be supplemented by seven EPS agreements, meaning a total EPS of 35.

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[View the full news item](#)

### **People Dancing - the foundation for community dance (18 September 2018)**

#### **Heroic tale in women's history made real through dance**

Anne-Marie Smalldon, Artistic Director of Combination Dance Company, blogs on 100nehundred, a dance/history collaboration with The National Archives inspired by this year's centenary of British women's suffrage and modern gender equality issues.

Badged, "The Year of the Woman", 2018 has not only seen many of its dates linked to the suffrage movement but has also witnessed events such as the #MeToo and #PayMeToo campaigns and several women's marches. On 6 February, this year, the 100th anniversary of UK women of 30+ receiving the vote, an eye-catching and unexpected event greeted commuters at London's Victoria Station. A [flash mob dance performance](#) linked tales of the suffragette battle with current gender topics.

The 100nehundred cast of 70 dancers included our company professionals, together with groups from Rambert School and West London, with huge thanks to our key sponsors Victoria BID, our delivery partners The National Archives and Rambert School.

Victoria Station was chosen because it was the starting point for a funeral procession that followed the coffin of Emily Wilding Davison as it was transported across London, in 1913. The famous suffragette had been killed by King George V's horse Anmer as she ran on to protest

at the Epsom Derby. Victoria was also where she had embarked on her journey from London to Epsom, that fateful day.

#### **Emily Wilding Davison**

We learned much about Emily Wilding Davison, whose story is fundamental to our project, thanks to passionate archivists and an inspirational relative of Emily, called Philippa Bilton.

Emily, a strong, intelligent and determined woman, faced many harsh gender barriers. She studied at Royal Holloway College and Oxford University but was denied the opportunity to gain an official degree because she was female. Emily later devoted herself to full-time work for the suffragette cause; she wrote repeatedly to the authorities and was arrested and imprisoned many times.

Our most recent event, on 4 July, at The National Archives, featured Eve Dobel in a site-specific solo using silent disco headphones. It depicted Emily's witty and adventurous side, hiding in a cupboard at the House of Commons during census night, 1911, so that she could use the prestigious address on her form.

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[View the full blog](#)

### **Kick it Out (19 September 2018)**

#### **An interview with Rosie Kmita: one of England's first Asian female professional footballers**

Rosie Kmita could become one of the first British Asian women to play professional football in England, having become the first player to sign professional terms with West Ham United Ladies earlier this year. She sat down for an interview with our resident blogger, Asif Burhan.

If Asian girls see me as a role model that's excellent, but I'd like to be seen as a role model for all young girls".

When the UEFA Champions League restarts across Europe and swamps our TV screens this week, little attention will focus on West Ham United's Rush Green training ground. Yet there, among the quiet suburban streets in East London, Rosie Kmita, a 24-year-old from Enfield, could set a significant landmark in English football by becoming one of the first British Asian woman to play in the top flight since the inauguration of the league in 2011, joining Reading Women's Maz Pacheco.

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[View the full interview](#)

### **Sport Northern Ireland September - Active, Fit and Sporty**

The Active, Fit and Sporty programme invests into six organisations - Sported, Female Sports Forum, Women in Sport and Physical Activity (WISPA), the Youth Sport Trust, Disability Sport NI and Ulster University – to encourage women and young girls to participate, engage and sustain physical activity.

Sported have developed a Train the Trainer volunteer handbook which will allow trainers to develop their coaching knowledge and abilities. The handbook will have a formal record of training and explanation of each session containing relevant content, tips and FAQs which will be practical for trainers and effective for the clubs involved. There have been several new volunteers recruited and along with existing volunteers they have undergone training with up to date resources. The Engage Her programme conducted by Sported develops sports clubs by helping them to engage more effectively with women and girls. A total of 15 groups have been signed up for the programme this year with 12/15 groups aligned to Governing Bodies such as Ulster Hockey, Cycling Ireland, NCU, Netball NI, CANI and IABA. All the trained volunteers have now been specifically matched to a group and each group will have 4x sessions and 1 intervention which will allow a detailed review of development plans.

With the new academic year commencing, Ulster University have already seen high interest in their leadership scheme with a total of 50 1st year students registered to participate. The new students will be mentored by students from other year groups which will create bonding relationships throughout the clubs in the university. 15 local schools have signed up to the Small Steps project which will educate them about various themes focusing on law, mental health and wellbeing. Ulster University's School of Sport will be working in partnership with the School of Law to deliver the law modules, and this opportunity will also be available to 1st Year students. Across the 4 campuses in Belfast, Magee, Coleraine and Jordanstown there are 6 Governing Bodies offering club sports, Glow fit and self-defence.

Youth Sport Trust have seen continuing success with their Girls Active Programme, extending it into schools in the Mid Ulster and Newry, Mourne and Down council areas. While sustaining the 17 existing schools in Armagh, Banbridge and Craigavon and Lisburn and Castlereagh City Council, this will bring the total number of schools in the Girls Active Programme up to 30. Youth Sport Trust are also introducing a new programme, My Personal Best. This project aims to provide life skills by demonstrating the relevance of PE to wider life through training and resources which will be provided to the schools. Another new project is the Girls Active Camp, a 3 day residential which entails the girls obtaining a leadership qualification and delivering a sports festival within their school.

WISPA (Women in Sport and Physical Activity) have seen fantastic interest in their Active, Fit and Sporty opportunities with 497 women participating in 32 programmes between June and August 2018. A further 49 programmes, 2 challenges and 4 sets of lessons are scheduled up to December, the lessons will involve a variety of swimming, dance, squash and tennis. Due to the high interest in their programmes (over 27,000 views on one social media post alone),

WISPA have put in place an online registration system to manage the high demand. They have also created a free baby workout video which is accessible on WIPSA's Facebook page and aim to distribute DVD copies to relevant organisations such as Early Years and SureStart. See link attached <https://www.facebook.com/Wispani/videos/1708387709277825/>

Disability Sport Northern Ireland strive for the development of sporting opportunities specifically focused on women and girls with disabilities. DSNI previously facilitated female attendees with a disability at an Ulster Rugby Women's Match and aim to explore events such as Netball and Hockey matches that have good disability access. Disability Sport NI are also starting a Wheelchair Basketball programme for women with acquired disabilities, this intervention will aim to improve self-confidence and self-acceptance, to create a support programme for those involved where they can improve both their physical and mental health.

With the previous success of the media platform built by the Female Sports Forum, they are continuing to focus on this specifically looking at streaming and marketing online as well as

alternatives to the Sports Leaders courses. Looking towards the future they want to evolve beyond sport, focusing on health, education and communities. Following the success from last year's conference and expo, with high profile athletes and over 300 participants, this year is due to take place in February and March 2019 with engaging themes to encourage participation from a variety of groups. With the fantastic response from the expo located in shopping centres last year, this will be continued in 2019 with conjunction from local clubs near the shopping centres assisting with promotion.

These examples indicate the positive impact that Sport NI has to women and girls across Northern Ireland. The overall aim is to sustain and develop the motivation of women and girls in sport and physical activities, as well as empowering self-worth and confidence.

**Sport Northern Ireland Development Team**  
**House of Sport**  
**2A Upper Malone Road**  
**Belfast BT9 5LA**

*Publications of interest...*

### **Generation Inactive 2. Nothing About Us, Without Us. ukactive, September 2018 (44 pages)**

In June 2015, ukactive released Generation Inactive, a report which explored the understanding of children's physical activity in primary schools and investigated the measures used to track the activity and fitness levels of pupils.

This report shed light on the physical inactivity crisis facing Britain's children and included recommendations to help empower government, head teachers and the physical activity sector to tackle children's inactivity.

Since publishing this report we have seen progress — such as in the doubling of the PE and sport premium in primary schools, two government childhood obesity reports and welcome investment from Sport England into family activity. We can't stop here, as the job is far from done.

"Generation Inactive 2: Nothing About Us, Without Us", aims to go beyond the first edition by providing a framework for understanding the multi-faceted and interactive effects of personal, social and environmental factors that influence children's physical activity behaviour. Whilst many organisations have sought to tackle this problem through one single domain, the time is now to take a whole battlefield approach to tackling the war against the challenges faced by future generations.

[Download a copy](#)

## **Girls' Attitudes Survey 2018 - We see the big picture. Girlguiding, September 2018 (38 pages)**

Since 2009 we've been giving girls and young women a platform to speak out on the issues that matter to them. We do this every year through the Girls' Attitudes Survey, our flagship research asking girls and young women how they feel about their everyday lives.

Now in its tenth anniversary year, we're asking the same questions we've posed over the past decade (as well as a few new ones too). The results paint a picture of how girls' lives, hopes and challenges have changed in the past ten years. And they help us focus on the bigger picture: changing society so girls and young women can make a difference and be their best.

[Download a copy](#)

## **USA**

### **Inside the games reports (29 August 2018)**

#### **US Open admit "regret" after Cornet handed code violation for changing shirt on court**

The US Open says it "regrets" that Alize Cornet received a code violation for changing her shirt on court at the tennis Grand Slam. A sexism row has broken out after the incident at New York's Flushing Meadows yesterday.

France's Cornet left the court to change her shirt between the second and third sets during her first round defeat to Sweden's Johanna Larsson.

On returning she realised that it was back-to-front and quickly corrected her mistake at the back of the court.

It happened during intense heat but Cornet was given a warning by the chair umpire.

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[View the full news item](#)

### **Inside the games reports (4 September 2018)**

#### **Perry resigns as USA Gymnastics chief executive**

USA Gymnastics President and chief executive Kerry Perry has been forced to resign after just nine months in the role following criticism over her handling of the response to the Larry Nassar scandal.

California-based newspaper the Orange Country Register cited two sources close to the national governing body, who confirmed her departure with immediate effect in a statement today.

"USA Gymnastics President and chief executive Kerry Perry last evening informed the Board of Directors that she will resign effectively immediately," the statement read.

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[View the full news item](#)

### **Inside the games reports (12 September 2018)**

#### **Roden receives ITU Women's Committee award for inspiring young girls to take up triathlon**

The International Triathlon Union (ITU) Women's Committee have announced that Teresa Roden has won the 2018 Award of Excellence.

American Roden received the award at the 2018 ITU Congress in Gold Coast for her grassroots project.



Roden established "i-tri: Transformation through Triathlon" in 2010, which helps young girls gain confidence by undertaking a triathlon.

Roden's programme is particularly aimed at young girls with challenging social or emotional situations.

Chair of the ITU Women's Committee Tomoko Wada praised Roden's work.

"We are delighted with this award to Theresa, who has been a role model and an inspiration to numerous women to not only engage with newcomers to our sport, but also to be able to ensure that our reach goes to young women to all socioeconomic, racial and ethnic backgrounds," Wada said.

The i-tri programme is now established in six schools in Long Island, New York, and the programme has had 130 participants in 2018.

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[View the full news item](#)

## ZIMBABWE

### **Inside the games reports (9 September 2018)**

#### **IOC Executive Board member Coventry named Zimbabwe's new Minister of Sport**

International Olympic Committee (IOC) Executive Board member Kirsty Coventry has been appointed Minister of Sport in Zimbabwe.

The 34-year-old was previously vice-president of the Zimbabwe Olympic Committee and also chairs the IOC Athletes' Commission.

She was appointed as Minister of Youth, Sports, Art and Recreation in President Emmerson Mnangagwa's Government.

Coventry won gold medals in the 200 metre backstroke at both the 2004 and 2008 Olympics and also has four silvers and a bronze, making her the most decorated African Olympian.

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[View the full news item](#)